

## HRAC - STANDARD CUMMERBUND



1. Lay rear carrier flat as shown. Open the two velcro flaps on rear plate pocket.



2. Insert each end of the standrd cummerbund through the webbing at your desired location height.



3. Using the included elastic cord, weave the ends of the standard cummerbund and tie a knot to secure the cord. The extra slack can be tightened or loosened to accomodate personal preference.



4. Fold the two velcro flaps back together.